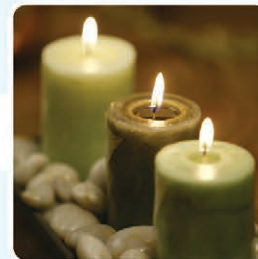
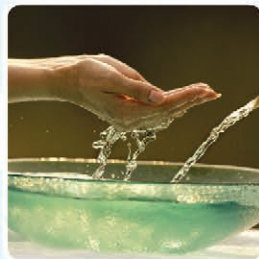




THE SPA

at Ponte Vedra Inn & Club

Menu of Services



Welcome

The Ponte Vedra Inn & Club pioneered north Florida's spa trend with the opening of the region's first spa in 1987. Many accolades have followed since, including recognition and praise in such publications as the *Forbes Travel Guide*, *In-Style*, *Best Spas USA*, the *Palm Beach Post* and the *Zagat Guide*.

Both classic and chic, the Spa is a seductively beautiful environment that combines peaceful surroundings and ultra-modern facilities with an impressive selection of more than 100 beauty and pampering services. The sense-arousing delights featured here are certain to soothe both mind and body while layers of tension and stress melt away.

If you wish to schedule an appointment or desire additional information on the Spa and the services offered, please call (904) 273-7700. Our staff of knowledgeable professionals at the Spa Reservations Desk will gladly describe our many services and recommend the ones best suited to your needs and preferences. We also invite you to visit our website at www.pvspa.com to learn more.

Relax - Rejuvenate - Renew



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Massage Treatments

Ponte Vedra Signature Massage

This signature massage offers a customized experience by utilizing your choice of softly scented aromatic oils and incorporating a skillful combination of massage techniques. Whether you prefer gentle strokes or deep kneading, this massage allows you and your therapist to determine your individual needs to create ultimate relaxation.

25 minutes \$85 | 50 minutes \$130 | 80 minutes \$190

Aromatherapy Massage

Ease away the day's stresses and strains and bring body and mind back into balance. This traditional aromatherapy massage uses the powers of essential oils and carefully applied pressure to stimulate the nervous system while promoting mental and physical relaxation.

50 minutes \$135 | 80 minutes \$195

Therapeutic Sports Massage

A revitalizing massage designed to promote flexibility, increase circulation and stimulate the muscles. Using a combination of therapeutic techniques, this treatment will prepare or repair you before or after physical activity.

50 minutes \$140 | 80 minutes \$200

Maternity Massage

This extremely relaxing massage eases discomfort associated with pregnancy by using gentle pressure and massage strokes that focus on lower back, hips, shoulders and feet. Using specially designed pillows to lay you on your side, this massage will increase circulation, alleviate tired muscles and reduce water retention. *Expecting mothers must be past their first trimester; deep work not administered during this massage.

50 minutes \$130 | 80 minutes \$190

Massage Treatments

Hot Stone Massage

A unique body massage rooted in Native American traditions. Smooth, heated basalt stones are used to relieve muscle tension and balance energy in the body, creating a feeling of deep relaxation and well-being.

80 minutes

\$200

Warm Bamboo Massage

This soothing and therapeutic treatment delivers a deep massage using warmed bamboo tools and soothing light oil. The bamboo feels like an extension of the therapists' hands while kneading your muscles and melting the stress away.

80 minutes

\$200

Massage Enhancements

Further personalize any 50 or 80 minute massage with one of the below enhancements.

Scalp Ritual - \$35

Warm oil massaged into scalp and head to relax and de-stress. *does not add additional time

Foot Quench - \$25

Deeply exfoliating and hydrating treatment offering visible, instant results. *does not add additional time

Foot Massage - \$85

Massage concentrating on specific reflex points on the feet. *adds 25 minutes

Specialty Massage Treatments

“Sole” Relaxation Foot Ritual

Relax with this traditional treatment focusing on the feet and lower legs. The session begins with a renewing scrub to exfoliate and shea butter wrap to hydrate. A massage concentrating on specific reflex points and meridians on the feet will balance the entire body and leave you with a refreshed state of mind.

50 minutes

\$130

Zen Scalp Ritual

Recline and relax as a therapist slowly drizzles warm oils over the scalp. The vitamin rich oils provide intense conditioning while the gentle rhythmic scalp massage relaxes and de-stresses the scalp and neck.

25 minutes

\$75

Body Treatments

Blueberry Soy Slimming Treatment

Firm and sculpt the body with this antioxidant rich treatment. A gentle exfoliation using organic ingredients such as blueberry and raw sugar cane will prepare the skin to receive a rejuvenating wrap to increase circulation and reinforce collagen fibers. Repair the skin with a petite massage using a blueberry massage soufflé.

80 minutes

\$170

*Further enhance the results by adding an **Herbal Cellulite Treatment** to target areas to improve cellulite conditions and create smooth, glowing skin. (Not recommended for those with sensitive skin) - \$25*

Body Treatments

Soothing Bliss Body Ritual

Rejuvenate your skin and clear your mind in this gentle exfoliation of pumice, almond oil, aloe vera and Vitamin E. A massage using an omega-rich body cream will hydrate and elasticize the skin, while a scalp massage will sweep away your stress. Using essential oils known for their emotional benefits, this treatment is perfect for the expecting mother or anyone experiencing hormonal imbalance. **Expecting mothers must be past their first trimester; deep work not administered during this massage.*

80 minutes

\$165

Quench Body Polish

A deeply conditioning exfoliation using gentle sugar, sea salt and your choice of softly scented oil will invigorate and replenish the skin. A full body application of an ultra-hydrating shea butter, healing Vitamin E and soothing Jojoba Oil will seal in the moisture your body craves.

50 minutes

\$135

Citrus Refresh Body Facial

In this illuminating full body facial, the scents of Florida citrus will de-stress the mind and revitalize the body. Your skin will be rejuvenated with a gentle exfoliation, evened with a brightening mask and balanced with a toning mist. A petite massage using Vitamin C enriched body butter finishes this luxurious treatment.

50 minutes

\$140

Signature Spa Ceremonies

The Ultimate Zen

This luxurious treatment brings healing to every part of the body! Your personalized journey begins with a full body scrub to invigorate and replenish the skin. While being wrapped in a hydrating cocoon of warm shea butter, you will receive a revitalizing hot oil scalp massage. A 50 minute Signature massage enriched with shea butter will complete this treatment to create a Zen state of relaxation and wellness!

110 minutes

\$280

Ponte Vedra Retreat

Prepare to have skin supple, restored and revitalized. Your retreat begins with an invigorating coconut hibiscus sea salt body polish to detoxify and exfoliate dull skin, followed by a relaxing hot oil scalp massage to nourish both the scalp and hair. The finale to your retreat is a 50 minute Signature massage using a luxurious emulsion rich in antioxidants.

90 minutes

\$215

“Beyond The Body” Restoring Ritual

Old world tradition meets modern science in this full body ceremony designed to brighten and refine the skin while soothing sore muscles and mental tension. A hand applied state-of-the-art microdermabrasion treatment will exfoliate dry skin and seal in moisture, followed by stimulating liniment rub to relieve the feeling of muscle aches. A 50 minute massage using a rich arnica cream will reduce inflammation and leave you feeling renewed and energized.

90 minutes

\$215

Sunless Tanning

Spray Tan

An all-natural anti-aging spray tanner made with anti-oxidants and pure botanicals. The skin is evenly misted leaving the skin radiant with a natural looking, golden brown glow.

One session \$50 | Series of six \$300

Enhance your tan with one of the following elixirs. - \$20 each

- *Normalize:* Applied prior to your tan to ensure an even, long-lasting tan.
- *Anti-Aging:* Hydrating treatment made with plant extracts and anti-oxidants.
- *Shimmer:* A blend of shimmer infused with emollients to create a delightful glowing effect.

Ultimate Body Glow

Achieve a natural looking tan while nourishing the body. Your skin will be prepared with a full body exfoliation of micro-ground pumice and aloe. An all-natural spray tan will be misted over the skin. An elixir of your choice will highlight your tan leaving you glowing from head to toe!

50 minutes \$135

Hair Removal

Facial Waxing	\$20-60	Arm	\$45-65
Brow Wax	\$35	Back	\$75
Brow Tweeze	\$30	Underarm	\$35
Leg	\$75-100	Bikini Wax	\$50-90

Aesthetic Treatments

Ponte Vedra Essential Facial

A classic deep cleansing facial personally tailored to meet your skin's needs. Whether you have dry, sensitive, oily or acne prone skin, your concerns are addressed and improved in this results-oriented facial.

50 minutes

\$130

*You may add-on any of the following enhancements to further personalize your Essential Facial experience.
(Please ask the Spa Reservations Agent for details)*

Renewal Eye Contour

\$30

Instantly reduces the appearance of fine lines, wrinkles, puffiness and dark circles.

Microcurrent Quick Lift

\$45

Instantly lifts, tones and sculpts facial contours for a more youthful appearance. *additional time required

Throat and Décolleté Treatment

\$45

Utilizes a cooling seaweed mask to firm, hydrate, soothe and even skin tone. *additional time required

Chemical Peel

\$45-65

Improve your results with one of our professional chemical peels designed to exfoliate, promote cell renewal and reduce the signs of aging.

Mesmerizing Ayurveda Facial

A complete mind and body experience bridging the healing techniques of Tibetan Ayurveda with scientifically advanced skincare. This treatment focuses on stimulating vital energy points of the scalp, neck, hands and feet, rebalancing the body and restoring a sense of inner peace, while anti-aging phyto stem cell products are used to repair cellular damage, brighten, smooth and firm the skin.

90 minutes

\$225

Gentlemen's Facial

A facial treatment addressing the needs and common skin conditions of men, which is designed to calm razor burn, soothe environmental exposure and clarify impurities. Skin is revitalized for a more youthful appearance.

50 minutes

\$130

Aesthetic Treatments

Alpha Beta Deluxe Facial

An intensive peel treatment suitable for all skin types that reduces fine lines and wrinkles, minimizes pores, fights blemishes and clarifies dark spots. Benefits include a smoother, brighter, more youthful and clearer complexion.

50 minutes

\$175

Anti-Aging Facial

Mask the signs of aging with this luxurious clinical facial which acts as a wrinkle corrector by utilizing a combination of peptides and retinol. After one treatment, lines are relaxed and skin is plumper and exquisitely rejuvenated. For best results, a series of 4 treatments is recommended.

80 minutes

\$195

Sea C Spa Facial

A powerful antioxidant treatment for photo-damaged skin that combines pure Vitamin C and seaweed to brighten the complexion, reduce fine lines and wrinkles and boost the skin's natural defenses. For best results, a series of 4 treatments is recommended.

80 minutes

\$195

DiamondTome Skin Resurfacing Facial

A microdermabrasion treatment that resurfaces skin and provides instant results! This facial effectively minimizes the appearance of fine lines and wrinkles, while improving skin tone and texture and stimulating collagen synthesis. Not suitable for red or sensitive skin types.

80 minutes

\$195

Specialty Aesthetic Treatments

Vitalize Peel

A highly effective, intensive medical peel that utilizes alpha and beta hydroxy acids and retinoic acid to decrease fine lines, wrinkles and pores; diminish hyperpigmentation and stimulate collagen synthesis. Notice visible improvement after just one treatment. For best results, a series of 3–6 treatments is recommended.

30–45 minutes

\$150

Lash Extensions

Lash Extensions are a glamorous new way to extend the length and thickness of natural eyelashes. Each lash is individually applied to your natural lash creating a natural and effortless look. Each full set includes a home care kit of lash wipes, mascara & lash brush.

\$225 | Fill - \$70 (recommended every 3–4 weeks) | Removal - \$50

Radiance Exfoliating Treatment

Be prepared for tighter, smoother, brighter looking skin with the Obagi Blue Radiance Peel, an intensive peeling treatment that utilizes a unique blend of acids for an effective exfoliation. Expect that youthful glow you've always desired. A hand, foot and décolleté massage will enhance this treatment.

50 minutes

\$150

Customized Makeup Session

Whether you're going for an all-natural or highly stylized look, our professional staff will create the perfect you with a customized make-up application suitable for any occasion. **Please call for information on Bridal Parties. Consultation strongly recommended prior to special events.*

45 minutes

\$75 | Add on to any facial - \$50

Hands and Feet Therapy

Ponte Vedra Spa Manicure and Pedicure

Our classic manicure and pedicure are designed to nourish skin and nails. These luxurious treatments offer a customized experience with your choice of softly scented oil. Glowing skin will be revealed with an exfoliating scrub and warm shea butter mask, followed by a soothing massage to enhance this treatment. Complete nail care, buff and/or polish is always included!

Manicure - 50 minutes

\$50 | Pedicure - 50 minutes

\$65

Coconut Hibiscus Manicure and Pedicure

Enjoy the light, fresh scents of coconut and hibiscus in these age-defying treatments that revitalize, exfoliate and soothe. A detoxifying scrub and hydrating mask will restore vitality to hands and feet, followed by a massage using facial quality moisturizer rich in anti-oxidants. Complete nail care, buff and/or polish is always included!

Manicure - 50 minutes

\$60 | Pedicure - 50 minutes

\$75

Gel Manicure

This service delivers long-lasting, beautifully polished nails that wear flawlessly with a high gloss shine. It looks natural and it provides strong protection against the most rigorous of activities. A soothing hand and arm massage using your choice of softly scented oil will enhance this treatment.

50 minutes

\$60

Sports Pedicure

This pedicure is designed to reduce stress and relieve aching muscles. After a soak in Epsom Sea Salt and a microdermabrasion scrub to exfoliate the skin, your legs and feet will receive a soothing massage of rich arnica cream. A warm paraffin mask is the finishing touch! Complete nail care, buff and/or polish is always included!

50 minutes

\$85

Hands and Feet Therapy

Soothing Bliss Pedicure

This comforting pedicure was designed to help energize, reduce swelling and stimulate circulation. A gentle exfoliation, hydrating mask, and massage cream rich in omegas will hydrate and nourish the skin and calm tired legs and feet. Ideal for the expecting mother and anyone experiencing hormonal changes. Complete nail care, buff and/or polish is always included!

**Expecting mothers must be past their first trimester.*

50 minutes

\$65

Men's Only Manicure and Pedicure

Well-groomed hands and feet are a sign of confidence and success. These are express treatments that focus on the needs of men. Complete nail care and buff is always included!

Manicure - 25 minutes

\$35

| Pedicure - 25 minutes

\$45

Nail Enhancements

Enhance your nail treatment with any of the following.

Price will be added onto the price of each nail service.

French or American Tips \$15

Paraffin \$15

Glycolic Peel \$20

Silk Nail Repair \$15/nail

Upgrade to Vinylux Polish \$5

Artificial Nails

Gel Full Set \$70-80

Gel Fill \$60

Acrylic Full Set \$65-75

Acrylic Fill \$55-65

Salon Services

Allow one of our Master Stylists to transform your hair into a work of art. The Salon proudly features the luxury lines of Kerastase and Shu Uemera. All color processing includes a blow dry and style. Pricing for each service varies by hair length, thickness and texture. Please ask one of our Spa Consultants or your Stylist for a quote prior to your service.

Cut & Style

Shampoo & Style	\$40–60
Women's Shampoo, Cut & Style	\$55–75
Add Flat Iron, Curling Iron, or Hot Rollers	\$15/each
Shampoo/Set	\$65
Women's Wet Cut	\$45
Men's Cut	\$35
Special Occasion Up-Do*	\$70–90

Color Services

Single Process Color	\$80–110
Double Process Color	\$90–120
Partial Highlights	\$80–110
Full Highlights	\$110–140
Gloss	\$35–55
Toner	\$25

**Please call for information on Bridal Parties. Consultation strongly recommended prior to special events.*

Salon Enhancements

Enhance any of your Salon Services with one of the below customized In-Salon Conditioning Treatments:

Fusio-Dose Treatment - \$30

A blend of highly concentrated active ingredients customized to address multiple hair needs in one application. Choose from Color Protection, Nourishment, Reinforcement or Densification.

Masque Treatment - \$30

A concentrated treatment to deeply nourish the hair combined with a relaxing scalp massage.

Specialty Hair Services

Permanent*	\$100+
Keratin Smoothing Treatment*	\$150/hr
Keratin Express	\$100
Keratin Add-on	\$50

**Consultation required for new clients.*

Day Packages

The Spa services selected for each package have been specifically designed to achieve optimum results. Services are not interchangeable and must be utilized within the same day by the same guest.

A 20% service charge will be added to each package price.

Taking the Waters \$65

- Spa Lunch
- Amenities and Poolside Usage

Perfectly Polished \$105

- Spa Manicure
- Spa Pedicure

Body, Fingers & Toes (3 hours) \$220

- Signature Massage (50 minutes)
- Spa Manicure
- Spa Pedicure

Head to Toe (3 hours) \$220

- Essential Facial
- Spa Manicure
- Spa Pedicure

The Sweetheart (3 hours) \$290

- Signature Massage (50 minutes)
- Essential Facial
- Spa Pedicure

The Getaway (3 hours) \$355

- Signature Massage (50 minutes)
- Essential Facial
- Quench Body Polish

Serenity Now (6 hours) \$475

- Signature Massage (50 minutes)
- Essential Facial
- Quench Body Polish
- Spa Lunch
- Glass of Champagne
- Spa Manicure
- Spa Pedicure

Spa for Two

The Spa at Ponte Vedra Inn & Club features two private **Couples Suites**. Each suite is furnished with comfortable furniture, two treatment beds, a Jacuzzi bath, a steam room, shower, bathroom and private outdoor patio. A glass of wine or champagne will enhance each couple's journey! A 20% service charge will be added to each package price.

The Couple's Massage

Enjoy a full body Signature Massage for two in the privacy of your own suite. This journey, using your choice of softly scented oils, features an aromatherapy steam and soak to detoxify and soothe the body.

Please choose 50 or 80 minute massages:

2 hours (includes 50 minute massages)	\$310		2.5 hours (includes 80 minute massages)	\$415
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Romantic Rendezvous

This couples retreat is the perfect way to celebrate your love for one another! Using the passionate scents of jasmine and vanilla, this pampering delight for TWO includes a full body scrub to invigorate and replenish the skin, a relaxing hydrotherapy soak to soothe the body and a 50 minute Signature Massage enriched with warm Shea butter!

2 hours	\$410
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Lucky in Love

Experience bliss with a 50 minute Signature Massage and Ponte Vedra Facial for two, each featuring your choice of softly scented oils. An aromatherapy steam and soak will leave you feeling rich.

3 hours	\$545
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Spa for Two

The Friendship Suite is an oversized private treatment room designed for two friends to share in the pampering experience. Choose from the following treatments (prices are per person and a 20% service charge will be added):

- Ponte Vedra Signature Massage 50 minutes \$130 | 80 minutes \$190
- Aromatherapy Massage 50 minutes \$135 | 80 minutes \$195
- Therapeutic Sports Massage 50 minutes \$140 | 80 minutes \$200
- Maternity Massage 50 minutes \$130 | 80 minutes \$190
- Hot Stone Massage 80 minutes \$200
- Warm Bamboo Massage 80 minutes \$200
- “Sole” Relaxation Foot Ritual 50 minutes \$130
- Ponte Vedra Essential Facial 50 minutes \$130
- Gentleman’s Facial 50 minutes \$130

Celebration Packages

Enhance a special occasion at The Spa with one of the following celebration packages:
A 20% service charge and tax will be added to each celebration package.

A Toast to You \$20 per person

- Glass of Champagne
- Three Chocolate Covered Strawberries

Elegant Wishes \$28 per person

- Delicious Cheese Tray for One
- Glass of Champagne
- Three Chocolate Covered Strawberries

In Honor of You \$90 (perfect for parties of 2–4)

- 10-inch Cake
(choose from Chocolate Truffle, Strawberry Chiffon or Cheesecake)
- Bottle of Champagne

We'll gladly arrange for fresh roses from Kuhn's Flowers
(roses available in red, pink, peach or yellow)

Please provide for 1–2 days' notice

Half dozen — \$39.95 • One dozen — \$59.95

Tax & delivery extra
(prices subject to change)

General Information

Spa Reservations

Please contact us at (904) 273-7700. You may book Spa treatments and purchase gift cards online by visiting www.pvspa.com. Prices, hours and services are subject to change.

Cancellation & Rescheduling Policy

We require notification by 5 p.m. the day prior to the scheduled appointment to cancel to avoid a full charge. You may reschedule same day at a 20% fee.

Spa Service Charge

For your convenience, a 20% service charge will be added to each Spa service. This service charge will be dispersed to the Spa staff members who serve you during your visit. Additional gratuity for exemplary service is discretionary.

Arrival

You are encouraged to arrive 30 minutes prior to your scheduled service so that you may enjoy an unhurried, stress free check-in and to enjoy the exclusive facilities at the Spa. We regret to inform you that late check-ins will result in an abbreviated service.

Spa Use and Admissions

Spa guests must be 18 years of age or older to receive robed spa services and use the Spa amenities. Use of Spa amenities is complimentary for all Spa guests on the day of scheduled spa services. Individuals not receiving Spa services may use the Spa amenities for a daily fee. Please contact The Spa for current pricing information.

General Information

Spa Café

The Spa Café is open only to those receiving Spa services. Please inform us if you will be dining with us when booking your services. The poolside Cabana is open seasonally (weather permitting). * For the safety and well-being of our guests, outside food and beverages are not permitted in the Spa.

Spa Etiquette

So that an atmosphere of relaxation can be maintained, and as a courtesy to other spa guests, we ask that all electronic devices (cameras, cell phones, laptops, tablets, etc.) be turned off and not used while in The Spa. The Spa is a smoke-free environment.

Medical Conditions

So we may perform your service safely and effectively, please inform us of any medical conditions or other special needs that require our attention when making your Spa reservation.

Spa Attire

Complimentary use of spa robes and slippers is provided for all guests. For your privacy, professional draping is performed throughout the duration of your service. Swimwear is required at the outdoor hydrotherapy pool.

Spa Profile

Here's a glimpse at the award-winning features of The Spa at the Ponte Vedra Inn & Club:

- Single story 30,000 sq. ft. structure situated on three acres overlooking golf course
- Sophisticated and contemporary interiors blending natural materials, fabrics and textures
- Elegant registration lobby accented with mahogany and limestone
- Waterfalls and water sculptures designed to create a calm and soothing environment
- Oversized relaxation lounge with comfy chairs and couches
- More than 100 pampering and beauty services
- Twenty-two treatment rooms
- Private spa suites for couples
- A private Friendship Suite
- Hair salon & Nail salon
- Spa Café featuring nutritious fare
- Locker rooms each with steam, sauna and Jacuzzi
- Heated outdoor pool, therapy grottos, poolside lounging and dining cabana
- Retail boutique offering popular skin care products
- A professionally trained and licensed staff skilled in spa therapy



Ponte Vedra Inn & Club

200 Ponte Vedra Boulevard
Ponte Vedra Beach, Florida
(904) 273-7700 • www.pvspa.com

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